

Anoka Ramsey Student News Coon Rapids | Cambridge Spring 2016



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Our Mission

The Campus Eye is published by students of the Coon Rapids and Cambridge campuses of Anoka-Ramsey Community College.

The purpose of The Campus Eye is to provide news from both campuses. The newspaper also provides an opportunity for student reporters, photographers and designers to gain experience covering news and producing a newspaper.

Articles on these pages represent the opinions of the writers and not ARCC.

Write For Campus Eye

The Campus Eye encourages comments, feedback and individual pieces by student writers. It is our goal to reflect the diverse voices of students and staff on the Coon Rapids campus.

If you wish to have your work for The Campus Eye contact us at TheCampusEye.ARCC@gmail.com.

The Campus Eye office in the Student Activities area is open every Tuesday from 12-12:50 p.m. in SC177 (Coon Rapids Campus). The staff meeting is held each Tuesday during this time. Cambridge meeting time is on Tuesday from 12-12:50 p.m. in E203. Those interested in participating in The Campus Eye are welcome to attend.

Corrections and Clarifications

To bring a factual error to the attention of the staff or to comment about the fairness or completeness of information you see in The Campus Eye, contact The Campus Eye advisors. For the Coon Rapids Campus contact Melody Hoffmann at:

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GAIL WILSON COPY EDITOR COON RAPIDS

I've learned a lot as a Staff Writer and a Copy Editor. I am looking forward to freelancing for the Post-Bulletin in Rochester, MN. Best of luck to all!

> Gail Wilson Copy Editor

It has been a great year for the Campus Eye News Team. We've tried new things and have had fun doing it. I'll miss this campus as I move on and wish everyone well.

Sam Gentle Managing Editor



SAM GENTLE MANAGING EDITOR COON RAPIDS



ELISHA JOHNSON WEB & MARKETING EDITOR COON RAPIDS



BECCA LARSON
DESIGN & LAYOUT
EDITOR
COON RAPIDS



Coon Rapids Staff

(Back) Melody Hoffmann, Sam Gentle, Elisha Johnson, Chris Dang, Gail Wilson. (Middle) Dominic Dang, Lucy Landaeta and Splash (Front) Jessica Lueck and Becca Larson (Not Pictured) Alan Morgan, Carl Petersen and Cody Zink



Cambridge Staff

Left Row (back to front): Ryan Schaal, Jade Newman, Shelby Bosell, Lydia Olund Right Row (back to front): Alex Bender, Kelly Waller, Mary Schmitt Not Pictured: Ashley Olson, Laura Mattison, Elizabeth Saby

BREAKINGNEWS

Tuition Rates Decrease by July 1

• ARCC going from frozen tuition, to reducing tuition costs starting in the summer.

BY CARL PETERSEN, STAFF WRITER

COON RAPIDS — ARCC has had its tuition rates frozen for the past three years. Now, with the help of student organizations and members from our own held in the spring, student senates at both Coon Rapids student senate, we will be seeing a one percent decrease and Cambridge successfully argued to keep fees the same in tuition costs.

All two year technical and community colleges will have a lowered cost starting this summer.

"It's a step in the right direction" Minda Nelson, the president of the Cambridge student senate said.

A one percent decrease may not sound like much, but \$1.44 per credit goes a long way. The student senate at ARCC has been arguing for lowering tuition costs, and now that it's become a reality, we can expect an equal amount of optimism in the years to come.

Even if there aren't any further reductions, the student fees will remain the same.

In a set of four meetings, two held in the fall and two after a series of budget consulations with other senates in Minnesota. Things like printer costs, parking, and health and wellness activities will be unaffected by this change.

With college costs rising in many universities like the University of Minnesota, it's easy to see why a one percent reduction in cost is seen as a colossal victory. Look forward to more affordable tuition soon, because the change will be here by the first of July.

Special thanks to Coon Rapids Student Senate President Becca Larson and Cambridge Student Senate President Minda Nelson for all your hard work!



Adult Learners Find Support Transitioning Back into School

• After being out of school for an extended period of time or just starting your education later in life can be difficult; the Office of Adult Transition can help to make this transition smooth.

BY JENNIFER AANERUD, CONTRIBUTING WRITER

COON RAPIDS — The Office of Adult Transition at ARCC's Coon Rapids campus is available for any adult learner over the age of 24 who is returning to school after their education was interrupted. The Office of Adult place that these students can turn who want to be a voice Transition is headed by Jan Pomerov who said that she can relate to these students as she was an adult leaner herself and came back to finish her education at age 45.

Adult learners can be in various stages of life. Some are single parents, unemployed, retired, those changing careers, starting their education later in life, returning Engagement 2015 statistics, 28 percent of ARCC's student to finish or further their education later in life, lowskilled, etc.

Pomeroy said that the primary focus of the office is to help these students navigate the educational system.

The Adult Transition Club is a resource that is also available to help non-traditional students support one

another and share how they balance school and life with each other. This club meets the second Tuesday of every month in C278 from 3:30-4:30 p.m.

The Adult Transition Advisory Committee is another for other students who fit into this category. Those who would be interested in serving on the committee can contact Pomeroy directly at 763-433-1340. The committee meets once a month.

According to the Community College Survey of Student population is over age 24. Pomeroy said that they have received a "big response so far" from the students since opening up the office this last December. She is currently working with 17 students on the Coon Rapids campus. She is in her office weekdays from 7:30 a.m.-4:00 p.m. or by appointment. The Office of Adult Transition is located in Jan Pomeroy in her office. the Advising Office in C254 on the Coon Rapids campus.



PHOTO BY JENNIFER AANERUD

Star Tribune Book Editor Speaks at ARCC

• Book editor shares insight into book reviewing and writing as a career

BY GAIL WILSON, COPY EDITOR

COON RAPIDS — Memoirist and senior books editor for the Star Tribune, Laurie Hertzel, spoke March 8 at the ARCC Coon Rapids campus.

According to Hertzel, she gets about 1000 books a month to review.

"I try to determine if this is a book the readers of the Star Tribune would be interested in," said Hertzel.

Hertzel said she doesn't want readers to open up the newspaper and see books they already know about.

"I'm looking for diversity of author, diversity of tone," said Hertzel.

Hertzel said that the idea for book reviews is to keep things mixed up on the page so it will be more interesting.

Hertzel reads about 8-10 books a month. She said it's always done on her own time. She reads at night or on the bus when she rides it to work.

"It's a very busy job but I feel very passionate about it," said Hertzel.

When doing book reviews, Hertzel said she is always working ahead.

"Books I'm reading right now don't come out until July."

Hertzel said that what a book critic needs to understand is what the author is intending. She said she doesn't let critics review certain authors. For example, if a critic knows the person they are reviewing it can taint the review.

Hertzel said she likes to have her critics be established writers who are funny, refreshing and who assess things in a lively way.

"If you're gonna be attracted by a book it should be something that's lively," said Hertzel.

Hertzel also explained that part of her job includes going to events. She said that her job does cut into other things she wants to be doing.

"But I am doing what I love," said Hertzel.

Hertzel also said that there are lots of options in the world for writing. She said that writers have to be able to think clearly and express themselves and not everybody can do that.

"If you are interested in a writing career, be patient and work hard. Miracles do happen," said Hertzel.

Hertzel can be contacted at lhertzel@startribune.com.



Laurie Hertzel, Staff Photo from Star Tribune

What's the Yik and the Yak on **Campus?**

 Students take to social media to express the latest news on ARCC Coon Rapids Campus.

BY LUCY LANDAETA, STAFF WRITER

COON RAPIDS — Students everywhere flock to the social media app Yik Yak to get the down low on what's going around their campus. Even at smaller community colleges like ARCC, faculty and students alike post "yaks," informal statuses, revolving around the news on campus. Although anonymous in nature, their opinions ring with others, resulting in up votes, or the occasional reply.

Take for instance, an ARCC exclusive:

parking lot 4. A majority of the recent yaks center around complaints tied to the parking jobs of peers. More humor laced ones include "Does walking back and forth from parking lot 4 count as cardio?"

Unfortunately, because the majority focus on one topic, this also sheds light on an epidemic plaguing smaller campus: the lack of yaks. Many, mostly down voted yaks, explain that ARCC's feed is slow, boring, or in the words of one yik yaker, "Can't wait to transfer to the U, the feed's so dead here."

The University of Minnesota offers up a plethora of party-based yaks, common of big state schools with student bodies triple that of typical community colleges. Although significantly reduced in quantity, the yaks found within ARCC do still have quality, and the best cure for complaining, is consideration, or better yet, contributing to help aid the cause for better yaks.

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Does walking back and forth from parking lot 4 count as cardio



(Above) One of the infamous parking lot 4 yaks. Students openly poke fun at a rather inconvenient experience with deadpan humor.

(Below) Students take to Social Media to express the latest news on ARCC's Coon Rapids Campus.

SCREENSHOT IMAGE BY LUCY LANDAETA

I slipped on ice at least 10 times walking inside.



Weekend of Life and Death in the Theater

Actors reminisce about held over the weekend.

BY ELIZABETH SABY, STAFF WRITER

CAMBRIDGE — The Cambridge Campus was recently filled with tales of life and death. On Feb. 25-28, the ARCC Cambridge theater department put on a performance for the public named "Tales of Life (and Death)." This performance was made up of three one act plays, "Trifles," by Susan Glaspell, "This Property is Condemned," by Tennessee Williams, and "The Dear Departed," by Stanley Houghton. Each play was unique and interesting, creating a fun show that kept the audience's attention.

Despite the well written and colorful script, the backbone of all the plays was the cast. Each member did a fantastic job bringing their character to life, but it wasn't as easy as it looks. Theater, like any other sport or activity, requires ample practicing and preparing. Most students in theater are also involved in other extracurricular activities. Preparing for a performance added to a life filled with clubs, jobs, and schoolwork means soon you'll barely have time to sleep.

One of the actresses had some thoughts experiences from plays that were about what her favorite part of preparing for this play was.

> "Channeling my inner craziness, I think with all the stress of working, going to college and doing this at the same time really wound me up tight, so portraying a crazy character on stage really was an outlet for all of that stress," said Jaglyn Bentz, who starred as Willie in "This Property is Condemned."

> While plays tend to draw smaller crowds than those of sport games, theater brings about levels of satisfaction, accomplishment, and connection throughout the cast.

> One of the actors was asked what he wanted the public to know about theater.

> "It adds so much to the lives of those who participate in it. A lot of people come into theater not knowing many people, unprepared to put themselves out there. Through getting to know fellow actors and people who share similar interests we all learn and grow not just as people, but as a family. I think people should be aware of everything it does for people who partake in it," said Alex Bender, who played Mr. Hale in "Trifles" and Mr. Slater in "The Dear Departed."

Magic: The Welcome Gathering at ARCC

 Players share about playing Magic the Gathering

BY DOMINIC DANG, DESIGN STAFF

COON RAPIDS - Six Magic the Gathering players were surrounding a large round table. The players were building new decks from starter packs each choosing a card from a booster pack, then passing onto the next player until a new deck had been assembled. The players were preparing themselves for a double elimination Magic tournament for a chance to win two extra booster card packs.

I got a chance to ask some of the players different questions after they finished drafting their decks including what it was that got them into playing Magic the Gathering.

"Probably my boyfriend," Megan Eveson.

"I got bored with Yu-Gi-Oh! And needed something different," said Tanner Hanson.

ARCC student John Shomion, setup this tournament.

He said that he created this tournament to, "invite new players, as well as get people interested in school activities at the beginning of the semester [and] to get more people involved with student government, and to have fun."

Shomion said that he was willing to teach me how to play, and would be around the Student Center if I was interested. I had to decline his offer since I had other things to do that day, but I felt very welcomed by his willingness to include new players.



Players are gathered around drafting new decks for a Magic the Gathering tournament made from booster packs, in the ARCC Coon Rapids Student Center. PHOTO BY ALAN MORGAN, STAFF **PHOTOGRAPHER**

Faculty and Staff Learn to Provide a Safe Space on Campus

BY JADE NEWMAN, STAFF WRITER

CAMBRIDGE — On Feb. 24, some members of the ARCC faculty and staff attended a special training called Safe Space Training.

Cat Hillyard and Brian Wollum led the training, helping to represent the LGBTQIA (Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Intersex, Asexual/ Aromantic) community for the first time and discuss what safe space training is and how it can be presented to people.

The goal of Safe Space Training is to help to provide a space where people can feel genuine, despite the fact, and that there will always be questions, there will also always be support for them. Coming out to friends, family or a community isn't always easy. Not everyone is accepting,

but with Safe Space Training, students can find support and dream job, and hopes and dreams. comfort expressing themselves.

all levels. With this, Wollum said that for students to create a safe space, confronting bullies and being mindful of language around others can help to create a safe feeling environment for their peers of the LGBTQIA community.

"In today's society, it is unacceptable to ask for people's pronouns," Hillyard said, "you just have to wait and let comfortable opening themselves up right away, sometimes even those they are close to, so it's better to wait for the right time, when they are ready.

As an activity, the faculty and staff members attending were invited into a circle and each given a blue, purple, orange or red star. These stars represented the world of the person holding it. Members were asked to write their name in the middle and to list one thing on each leg to represent Training is about. the following categories: friends, family, community,

After giving a situation for each category, if the reaction Training faculty and staff is important because student was resentment, that leg of the star was ripped off or success and support is important for their achievement at folded back. By the end of this activity, the red and orange stars were mangled whereas the blue and purple ones were barely touched. This represented how some of those coming out can be doing so in a very harsh environment, or an accepting one, or something in-between with some resentment, but also acceptance.

Hillyard concluded with a statistic that was stuck into them open." In saying this, she means that not everyone is everyone's minds, "Forty-two percent of youth in the LGBTQIA community are homeless after coming out." This is a high percentage, and with Safe Space Training, faculty and staff (and hopefully students, in the future), can be trained to work with diversity with sensitivity.

> Not all people in a community are the same, but it is everyone's right to feel safe and accepted the same as anyone and everyone else, and that's what Safe Space

WWW.THECAMPUSEYE.COM

Prayer and Lactation Share a Space in the Library

BY ALEX BENDER, STAFF WRITER

CAMBRIDGE — ARCC is full of diverse students who all have diverse needs. As a publicly funded college, and also as college that cares about students and diversity, the college makes efforts to accommodate these specific needs whenever possible. In order to do this, Cambridge campus has recently converted one of its library study rooms to a private room designated solely for prayer or lactation.

In the aftermath of this move, there were some questions from the student body about why this happened. The room, D104, is now unavailable to be used by students as a study space and requires students to ask library staff for entry if they wish to use it for its new intended purposes.

Some students were upset by this change because it removed one of the much-needed study places on campus. The conversion of the room to its new purpose happened

approximately a month ago, but has been an idea bouncing comfortable having a private space for those activities, around the campus for a long time.

Some students were either unaware of the change or seemed indifferent and have attempted to enter and use the room, despite the signs posted on the door that indicate have been lodged so far, but it remains to be seen how the new purpose of the room. This lead to the need for a students may react during finals week when study space is lock to be placed on the room, which is now controlled by needed the most. library staff.

Still, most of the student body sees the change as a this change will be a permanent one due to the general

positive move and a needed one, as well. Many in the college community like the decision and what it means for furthering the college's recent push to improve diversity on our campuses.

When asked if she thought the lactation and prayer room was a good idea, student Amanda Paris replied, "Yes, people feel more

and I think it's definitely something every college should have." Most students share this sentiment and few complaints

Despite how some students may feel, it seems that

consensus that it's beneficial to the campus and to students.

A private place for lactation and prayer signifies ARCC's commitment to accommodate all of its students, regardless of who they are and where they are in life. Diversity is a fact of life in this day and age and our school is embracing it with open arms and a helping hand.

The door sign outside of D104 explains the new purpose of the room.



Alums and Students Put on "Guys and Dolls"

• ARCC's musical "Guys and Dolls" lived up to its big cast with even bigger entertainment.

BY LUCY LANDAETA, STAFF WRITER & KIM MITCHELL, CONTRIBUTING WRITER

COON RAPIDS — Set in 1950s New York City, Frank Loesser's musical "Guys and Dolls," performed at ARCC Coon Rapids in mid-February, centers around broke gambler Nathan Detroit, who finds himself unable to host his crap game without \$1000.

Enter Sky Masterson, the man Detroit bets the needed money, a bet deemed impossible. Masterson must court a woman of Detroit's choice, Sarah Brown. She is sergeant of a dedicated reformer of sinners known as Save-A-Soul. Amidst this, Detroit's long-time fiancé, Miss Adelaide, finds herself consulting medical help for her psychosomatic symptoms, a result of Detroit's failure to marry her.

Through the intertwined characters' plots, the musical follows the four as they fall in and out of love, and romance.

The show featured current students and alumni alike and garnered sold-out shows every night during its two weekend run in mid-February. In the second week's run,

an emergency fill-in occurred when lead dancer, Melinda good - you don't mess around with it." Carisch, injured herself backstage as the performance started on Feb. 18. Director Scott Ford left the show to take her to the hospital.

Highlights of the show included an intricate set design, moments of honesty." cleverly lit to match the scene's mood, as well as suits straight out of the era. Notable performances include leads Detroit and Adelaide, played respectively by current student Brandon Osero and returning student Anne George. Similarly, supporting role Benny Southstreet, played by alumni James Ehlenz, nearly stole the show with his expressive acting and even more impressive vocals.

Ford said that this cast was unique because it included alumni. In celebration of its 50-year anniversary, ARCC invited former students to return and audition for roles alongside current students. Of the 30 cast members, seven are alumni that attended ARCC as far back as 1970.

Ford chose "Guys and Dolls" because he had wanted to direct this play for a while and really liked the script. The music department was also interested.

"It was time to give it a go," said Ford.

He also said that he was proud of the level of excellence trick authorities, and grow more invested in gambling to which the students had risen and that the audience should be impressed with the singing and dancing.

> When asked if he had brought anything new to the story, Ford said, "When the play itself is good and the music is

Brandon Osero, who is pursuing an Associate in Fine Arts degree, said that he loved that "Nathan Detroit is a big, goofy, old-style, vaudeville character but with

Courtney VonVett wanted to be involved in this production because she loves theatre and it had been her favorite musical for years. She played Sarah Brown in high school and wanted the opportunity to do it again. She also liked that she got to work with alumni. VonVett is a theatre major and involved in the Theatre Club.

Jess Hernandez said that the biggest challenge of his role (Nicely-Nicely) was having to smile all the time. Hernandez is an aspiring opera singer.

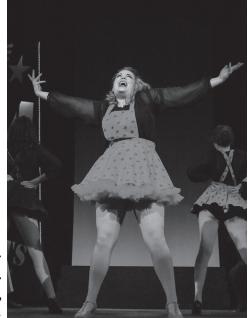
Anne George is a mother of three boys and a returning student. It's been 12 years since she attended college. She is a science major and plans to attend medical school.

Lio Garcia Cardenas who played Sky Masterson, explained finding the truth of a character. He said that it meant figuring out how the character reacts and displays emotions. Cardenas recently separated from the Navy. He was a hospital corpsman. He is planning to transfer to District of Columbia for medical school.

"Guys and Dolls" was truly a feat for ARCC, as Ford said it was the college's "first big cast production" and significantly showcased both current and former ARCC talent.



Cast members perform in "Guys and Dolls." PHOTO BY CODY ZINK, STAFF PHOTOGRAPHER



Adelaide performs a number with fellow Dolls. PHOTO BY CODY ZINK. STAFF PHOTOGRAPHER

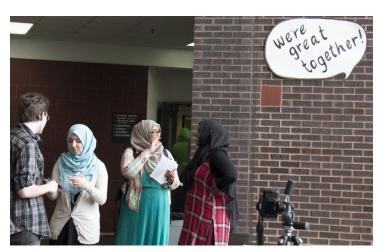


(Left) The Water Bar project visited ARCC Coon Rapids Campus on Wednesday. Students coud drink water from various cities and have a conversation about humans and their effect on the water cycle.

(Right) The Water Bar project visited ARCC Coon Rapids Campus on Wednesday. Printed underneath the logo on the bottle is "WATER IS ALL WE HAVE PHOTO BY CHRIS DANG, STAFF PHOTOGRAHER







Students participate in the first of three public art projects.
PHOTO BY ELISHA JOHNSON

The Water Bar project visited ARCC Coon Rapids Campus on Wednesday and was located by the Grand Staircase.

PHOTO BY CHRIS DANG, STAFF PHOTOGRAHER

THANK YOU FOR A GREAT YEAR! SEE YOU IN THE FALL! THE CAMPUSEYESTAFF

A Twin Cities Art Movement Comes to ARCC

• Public art show brings new forms of art to the Coon Rapids campus.

BY JESSICA LUECK, STAFF WRITER

COON RAPIDS — A new Twin Cities art movement made an appearance at ARCC Coon Rapids March 7 through April 19.

Rachel Breen, a professor here at ARCC is responsible for making this show possible. In response to the turn out of the event Breen says that overall she is happy with the outcome.

"You always wish there was more turnout, I know that everyone is quite busy. I actually think the students participated quite well, I wish more faculty and staff had taken part and learned a little bit more about them because I felt like it was a real opportunity," said Breen.

This event was made possible due to a grant that Breen was given to bring these acts of public art to ARCC. She had chosen the acts due to the fact that they are all different but yet they are all a part of a very important movement in the Twin Cities to create more social practice art. The Water Bar is an area where people talk

Social practice art is when an artist creates and connect over drinking tap water. The oriented. something not just to create it, but to create creators encouraged participants to talk an experience for the audience.

The first component of the public art show called "We are Great!" was an exercise that challenged the thought of personal space. The piece consisted of a small stage only able to fit two people, and then two strangers get invited to stand on the stage facing each other.

Next, the strangers are told to write three things. One is to tell the opposite person why each person is great, the next is to tell the stranger why they think ARCC is great. Last is signing the back of the card to show that each person agrees to fight Minnesota Modesty and continue to talk with strangers.

Artist Amanda Lovelee created the piece with inspiration from her fascination with physical connection, or the missing physical connection in the modern world.

The second event was the "Water Bar."

to one another as well as with the people who have created the project or played a role with providing water. The "bartenders" talked with patrons and shared what they know about water and various problems regarding the liquid.

The creators of the Water Bar are Shanai Matteson and Colin Kloecker. They created the concept through conversations with many important people in the community that genuinely care about the water we drink and the issues surrounding it.

Matteson and Kloecker also direct Works Progress Studio, an artist-led design studio in Minneapolis. Works Progress Studio has a network of creative people that are into art, design, and other outlets. They create projects that have a creative process that use people living and working together to involve ecology and location as well as capacity and creativity. All of the works are created using collaboration and are public

"The New Public Art: A Conversation" starred artists Amanda Lovelee, Marcus Young, Shanai Matteson, Colin Kloecker, and Witt Siasoco.

"Don't you feel it too!" is a dance-based art piece to encourage dancing in public places to help free your spirit. It is meant to be an act to turn feeling embarrassed into feeling happy. The practice began in 2008 in St. Paul to protest the Republic National Convention and evolves more and more each year.

Being a part of this art movement was a good experience for Breen.

"I chose artists that I admire and respect and I think that their work is both fun and interesting and different from each other. I wanted to show faculty, staff, and students this emerging movement, and I think it is a very important movement to not just the artists but also the community at large," said Breen.

She will be very missed by the **ARCC** Nursing Department



"Carol has been a friend and co-worker to so many at Anoka-Ramsey. She did her job and so much more. She was a touchstone for nursing students, a smile and a joker in times of stress, calm in the storm, and a tower of integrity that kept people on track. She is deeply missed and fondly remembered." DEAN OF NURSING SANDY KOHLER



Carol Anderson **Nursing Specialist**

Passed away April 1st, 2016

"Carol was not judgmental. She was open minded. She had a heart of gold and could cry at the drop of a hat. She was a regular person that you couldn't help but love." NURSING STAFF DIANNE LAFLEUR

'Carol was a lovely person who impacted the nursing students tremendously. She is the reason a lot of the students are where they are today. She had a beautiful heart and was the type of person that was so loving, hardworking, passionate and knowledgeable. When she wasn't doing things for others around the department she was helping the nursing students strive for success. For that reason she will forever be cherished and loved for being the amazing person she was."

JULAINA ANDERSON

New Career Center at Cambridge Campus

BY SHELLY BOSELL, STAFF WRITER

CAMBRIDGE - Securing a job after graduating is now easier thanks to a new resource on campus. Christa Hayes is the new Career Center Coordinator at ARCC, Cambridge Campus. Hayes is eager to inform the college community about the new career center.

Making an appointment is required at the career center and Hayes is only at the Cambridge campus every other Monday during the spring 2016 semester. This may change in the future. Hayes is mainly at the Coon Rapids campus in room SC273, and has a temporarily shared office at the Cambridge campus located in the student activities office, E203A (across from the Ping-Pong table).

According to Hayes, the goal of the career center is, "support service for students and alumni in their career planning needs, and to positively impact job placement rates and post-gradation (or post-transfer) success rates."

careers, employment, and overall assistance & Internship Board, www.collegecentral. with increasing career readiness skills. com/AnokaRamsey, where employers post Each student can use the career center as a their jobs or internship openings, looking to resource to help with resume writing, cover letter writing, job searching, internships, interviewing skills, and other career-related skills and concerns.

Hayes provides assistance with exploring "The Career Center manages the ARCC Job" students to take advantage of the career center. hire ARCC students or alumni."

the career center and how it can benefit those at ARCC. She is working to secure some wall A great resource for students and space at Cambridge campus so she can post graduates, Hayes explained, is the job board. announcements about jobs and internships.

> "I welcome opportunity to classroom presentations, workshops, collaborate with students' clubs! In the future I will also look into partnering more with local Cambridge companies/ organizations, including hosting 'Employer of the Day' tables and job fairs on-campus," said Hayes.

> > It's important for

"If you ask any college student the reasons that they are going to college, they will likely say something along the lines of, 'to get a good job' or 'make a decent living' or 'to provide a Hayes is working to get the word out about better life for my family.' In order for a student to reach these goals, they must be able to make an informed career decision," said Hayes.

> Hayes is always willing to help students or alumni, even if that means you cannot meet the in person. Haves can be contacted through email at christa.hayes@anokaramsey.edu or by phone at 763-433-1430. Additionally, a new "virtual career center" will appear on the ARCC website soon.

> > Hayes' advice for students is, "start the career planning process EARLY!"

> > When planning your future and your career, it is a process, and sometimes it can be stressful, but that is why we have the Career Center and Christa Hayes to cut off some of that stress. The earlier you start, the better!



C4 Posters Draw Attention to College Dropout Rates

BY KELLY WALLER, STAFF WRITER

CAMBRIDGE — Many college students may be unfamiliar with the Community College Completion Corp. In case you have noticed the posters around campus, here is what you need to know.

The Community College Completion Corp (C4 for short) provides statistics regarding why so many college students are dropping out of college and explains why students should try to remain enrolled in a community college, as there are many benefits for ones' future.

Sometimes, students decide to attend a community college. They are excited and doing well, but suddenly stop attending class and decide to quit. The C4 website (http:// www.cccompletioncorps.org/) explains why.

college tuition can be expensive, and has risen 30% in the last seven years; a student may not be able to afford to attend any longer.

Sixty percent of students who do qualify for financial aid are only attending college part time, which limits their financial aid amount. Additionally, 60% of students have to work at least twenty hours per week to support themselves, a family, or both.

Balancing school and a family, job, or both can be tough, and cause a student to lose focus when it comes to college.

Of all of the students who do drop out, 65% say they plan to return; however, only 38% of students do actually return in the future.

The goal of C4 is to illustrate the challenges Sixty-two percent of students pay for and barriers that prevent students from being

their own education. Ultimately, community successful and to offer motivation to help time and it can be difficult to stay focused. students to complete their college education. However, C4 stresses that students should try The program emphasizes the benefits of to not lose sight and should keep in mind that finishing college, such as earning more money their studies will pay off. and improving one's health and wellbeing.

> Other than just the statistics of the Community College Completion Corp Program, Amanda Polipnick, a member of the honor society Phi Theta Kappa, explained that there are valuable guidance/tools in the program and on the website that are useful for students.

> For instance, students may have questions about which college may be most suitable for them. The website can give students answers to that question; helping to find the right college can help to reduce college dropout rates.

Many students have a lot going on at one



Posters around campus draw attention to the C4 program.

PHOTO BY KELLY WALLER

Chaos at the Bookstore

Students and staff give their side of the story after the first week of Spring semester

BY JESSICA LUECK, STAFF WRITER

COON RAPIDS — It's hard to avoid a line, or a book being sold out at the bookstore when it is the first week of the semester. However, this semester was an especially horrific one for the students and staff at ARCC. Students were waiting in hour long lines, missing books even after a week of the semester has passed, and it left students wondering "what's going on?"

Matthew Vang, a student worker at the bookstore was able to give a little bit of insight as to why the bookstore has been so hectic lately. Vang has worked at the bookstore for almost a year and he explained that this circumstance was both unusual and unforeseen. Vang said that his former

supervisor Matt Venneman had resigned from the bookstore at the end of the year.

"He was the man with the handle on all of the processes that made the bookstore run smoothly," said Vang.

Right now Heidi Vidor has taken the place of Venneman for the textbook portion of the bookstore duties, but they are still looking for additional help.

"The staff is doing their best, and they are currently hiring for a new bookstore manager," said Vang.

Emily Cooley, a PSEO student, gave her opinion on the bookstore fiasco.

"I think that there needs to be more space for bags to be put, or maybe some more registers so we can get in and out faster," said Cooley.

Cooley also stated that she understands that the beginning of the semester is always a bit busy at the bookstore, and she commends the staff stating that they were "working very hard," and that they have been calm and very helpful.

Carrie Pramann, who has been at ARCC for a few years has a few tips for students to avoid the bookstore frenzy as much as possible. Pramann said she chose to order her books online, that way she wasn't stuck in a sea of other students ravaging for the same textbook.

"I did have to stand in line for a long time to pick my books up, but I am kind of glad this all happened. Because the textbooks aren't here for my classes, I don't have to do the reading until it's fixed," said Pramann.

This is a positive way to look at it, but isn't the perspective everyone has.

BOOKSTORE UPDATE...

Bookstore Booked with Problems

• ARCC bookstore in the process of others came in to help reduce the chaos at the hireing a new manager.

BY GAIL WILSON, COPY EDITOR

COON RAPIDS — Some of you may remember the beginning of the semester when any student wanting to get their books for school had to wait 45 minutes or more in line at the bookstore. Then once they got inside, there was another long line to do the actual purchasing of books.

According to the purchaser of textbooks for the bookstore at ARCC Coon Rapids the initial cause of all the chaos was back in November, when Matt Venneman, the bookstore manager, quit.

"What transpired is that Matt had left. I came into the picture, did not know the process at all. I learned the process. I learned the faculty. I learned efficiency that we needed to put into place," said Heidi Vidor, avoid having a repeat of the problems again. the purchaser.

Along with Vidor's efforts, the bookstore hired a couple of temporary employees and beginning of the semester.

"We had everyone in there unloading books and getting them on the shelves," said Marilyn Smith, director of finances for the ARCC bookstore.

It's been six months since Venneman quit and there is still no new manager.

Currently the bookstore is in the process of hiring a new person to replace Venneman. They have faculty, staff and students that are working to review applications and decide who to interview and hire. Smith said the whole process takes a while.

"[The person chosen] will have to go through background checks. Really the quickest is a two month turn around," said Smith.

Smith said they are doing what they can to

"Currently I am ordering summer textbooks right now. So we are in the process of doing the ordering," said Vidor.

According to Smith ordering books is a lengthy process.

"We try to get as many used as possible just to keep the price down instead of buying brand new books. There's a lot of things that you have to look at. We do what we can for the students," said Smith.

Smith said that they order the used books that come from all different places.

"We might get 25 out of the 100 we need from this company, might get three from that company and might get ten from that company to add up to the 100 that we need. It's a very intense process that we have to go through to get the textbooks for the students," said Smith.

The bookstore's goal is that future semesters are much smoother than the

"The efficiency within the bookstore and having stronger communication with faculty so that we are on the same page will help the process," said Vidor.



The line to the bookstore (underneath the grand staircase), extended down the hall with as many as 100 students.

PHOTO BY CHRIS DANG, STAFF **PHOTOGRAPHER**

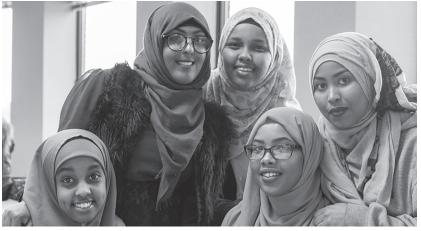
CAMPUSCULTURE

Muslim Student Association Hosts Celebration

• Students came together on Thursday to celebrate Hijab day as part of Islamic Awareness week at ARCC Coon Rapids Campus. PHOTO BY CHRIS DANG, STAFF PHOTOGRAPHER



A student getting dressed into a Hijab.



Some ARCC students that participated in Hijab day. Top row: Najma Ali 🛮 A popular part of the day was the opportunity for (left), Leyla Amin (right) Bottom row: Padila Ibrahim (left), Asho Amin (center), Ramla Amin (right).



students to get Henna patterned onto their hands.

Black History Comes to Life

Actress American history through a performance of song, dance, and dialogue.

BY DOMINIC DANG, DESIGN STAFF

COON RAPIDS — Actress Tatiana Williams from the Mixed Blood Theatre performed, "The Daughters of Africa," a re-enactment of American black women throughout history, highlighting their successes and struggles. The performance was on Feb.16 at the Coon Rapids campus Legacy Room.

Williams took the audience on a blast-tothe-past aboard the make-believe Legacy Airlines, where as our pilot and navigator she brought us on a journey through black women's history.

Our first landing took us back into the late 1800s, with a lady dressed in a red bandana and raggedy clothing. This was a time where slaves had their feet chopped if they were caught trying to run away and were banned from speaking and writing

re-enacts African in their native language, or they'd lose their tongues.

> It was an epic journey through history all the way up to modern day history. One character Williams re-enacted was Harriet Tubman. She portrayed a crazy old lady, distracting white men while she was secretly leading waves of black people to freedom. It felt so immersive as Williams actually got bent over like an old lady, singing crazy old songs and dancing like nobody's business. This is just a small snippet of the many different roles and characters Williams had to re-enact.

Between eras of history, Williams, as our plane navigator touched on many the actions and events through dialogue, highlighting women's successes who were firsts of their kind, including woman's rights activist Sojourner Truth, newspaper writer Ida B. Wells, and the first black millionaire, Madam C. J. Walker.

The show was accompanied with singing and dancing by Williams herself, singing famous songs from celebrities such as Billie

Holiday. Williams branched out into some Winfrey, who she stated was, "more than a talk show host, but a facilitator of dreams." After the show, she led a Q & A session with the audience about herself and the performance. Someone from the audience asked her if she had ever been insulted at one of her shows.

"Girl yes, so many times," said Williams. Williams had other comments in reference to the past.

"All of us have a history. To know when you we going, you have to knew your past," said Williams.

The show has been touring around the Midwest since 1992, however Williams told the audience that this was this was the last performance of this show. If she were to add more, she said that the show would PHOTO BY CHRIS DANG, STAFF involve a lot more modern history.

Williams is a 28-year-old B.F.A. graduate modern history such as portraying Oprah from the California Institute of Arts. She's also had additional training from the Royal Scottish Academy of Music, Drama, and Dance located in Glasgow, Scotland.



Tatiana Williams visited on Tuesday Feb. 16 to present "The Daughters of Africa" play. **PHOTOGRAPHER**

CAMPUSCULTURE

Student Experiences Global Transitions

• An immigrant from Saudi Arabia shares his perspective of the opportunities of living in U.S.

BY GAIL WILSON, COPY EDITOR

COON RAPIDS — Many people all over the world dream of freedom. Freedom from big responsibility toward my siblings. I take oppression. Freedom to live life as they want to. Freedom to express. Freedom even to learn and one day have a job of their dreams.

Arabia, now a student at ARCC Coon Rapids, is tasting that freedom.

Saeed was named after his grandfather.

"Back in my country they call me Saeed Abraham, which is my father's name. My grandfather's name is Saeed so when I came here they called me by my first name and last name. So they call me Saeed Saeed," said Saeed.

Saeed is actually from Eritrea.

"It's a small country in East Africa. But I grew up in Saudi Arabia," said Saeed.

Saeed encountered many barriers as a foreigner in Saudi Arabia.

"Even if you were born in Saudi Arabia they don't give you citizenship and you're not considered a citizen of that country. You are considered as a foreign person," said Saeed.

Saeed said he feels that in Saudi Arabia he wasn't really accepted. So his family moved to the U.S. to find a better job. Saeed had to deal with many changes from things he was once familiar with.

"When I moved here it was a culture shock. America in not like the movies, like everybody says," said Saeed, who moved to the U.S. a year ago.

Although moving to the U.S. was a big change for Saeed, the thing that has given him the most strength is being here with his whole family. Part of his way of life is to provide

financially for his family.

"I am the oldest of my siblings so I have a care of them. My parents are kind of old. My youngest sibling is 4 years old," said Saeed.

Taking care of his family keeps Saeed very Saeed Saeed, born 24 years ago in Saudi busy. This semester at ARCC he is working 32 hours a week and taking 15 credits. Along with many students, he felt it was difficult to of the government there, said Saeed. decide which degree to major in.

> "So far I am going for medical school. I don't know what could happen along the way. I am 24 years old, so if I go to medical school I won't finish until I am in my 30s. That's a long way and it's expensive," said Saeed, who started school at ARCC in the Spring of 2015.

> Saeed won a couple of scholarships that have helped him pay for school. But there are other reasons he feels glad to be living on U.S. soil.

"Here you can do whatever you want. You can be whatever you want. There is no pressure. There is opportunity here. There is high education and good schools here. You can find a job. You can build your own business. You can achieve your dreams," said Saeed.

When Saeed graduated from high school in Saudi Arabia he couldn't go to college because he was not a Saudi.

"There is a lot of issues there if you are not a Saudi," said Saeed.

According to Saeed living in Saudi Arabia as a foreigner is comparable to an American being born in another country. Though if an American was born in England after several years he could apply for Britain citizenship. In Saudi Arabia there isn't an option to become a citizen of Saudi Arabia.

country of Eritrea because if you are over 18 said Saeed. you are forced to go into the military.

whether you are a girl or a man you have to go to the military and you will never know when you can leave the military," said Saeed.

Many people have fled from Eritrea because

Foreigners living in Saudi Arabia have to deal with discrimination.

"What I hear is that it is really bad out there. Sometimes there's no water," said Saeed.

"It's bad. It's really bad. They are not giving you a chance. They are not giving you an opportunity to achieve your goals... If I stay there it wouldn't be good for me. I wouldn't be able to achieve my dreams,"

Along with having so much freedom in America, Saeed is finding great joy in expressing his talents. One passion that he has is making short films.

"So far I have two short films on YouTube. We have over 60,000 views," said Saeed.

Saeed's two YouTube films You and Mom's Coffee, share a compelling message. The films are on The Flying Camel Production channel.

"I like films because you can send a powerful message to people," said Saeed.

Saeed expresses himself with photography too. He uses photographs to share a story.

"Photography is like you can tell a story

Saeed also could not go back to his home by not speaking the other people's language,"

Saeed said if he could give advice to other "It's really corrupted...When you are 18 students who are immigrants it would be, to ask questions.

> "Just keep looking and ask questions and search for what you want. Every time you search you are going to find something you need. No one will know about your situation if you don't' speak up," said Saeed.

Saeed said he feels great joy in being an immigrant in the U.S. In just five years he will officially get his citizenship. His life has been full of great changes being a student at ARCC and living in this country.

"When I was there [Saudi Arabia] it was like a small room and now I am like in a big land. That's the difference. I have access to everything I want here. Schools, education, work. Everything," said Saeed.



Saeed Saeed, a student at ARCC Coon Rapids, shares his story about being an immigrant. PHOTO BY ALAN MORGAN, STAFF **PHOTOGRAPHER**

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CAMPUSCULTURE

From Iran to Minnesota: An International Student's Story

• From Iran to Minnesota: An **International Student's Story**

BY LYDIA OLUND, STAFF WRITER

CAMBRIDGE - College can be a challenge all on its own, but imagine having to complete courses in a different country, taught in a different language other than your primary language, and with a different style of teaching and learning. For some, this would be a task all too intimidating, requiring too much work. This is not the case for international student, Behnaz Torabi.

When her husband was presented with a scholarship, Behnaz moved from Iran to the United States in 2010 to join him in Kansas while he completed his bachelor's degree. Although she struggled to learn the English language, she persevered and continued to work at it in hopes of attending college and being successful. Four years later, they moved to Minnesota and she applied to be a student at ARCC.

When asked what it's like to study education in a different country, Torabi responded saying, "It's very different and a lot harder because not only do I have to keep up on my English, it also takes me a lot longer to read and grasp

the concept of textbooks."

This is because while reading, if she doesn't understand a word, she has to translate it to Persian, her primary language, and then try to understand the meaning of it. She also talked about the independence and motivation that is required for attending school in Iran and how important staying focused is.

"In American, college professors are much more involved in the learning process and help the students whereas in Iran, instructors assign very little homework and then just administer final exams, so each student is responsible for their own failure or success," Torabi explained. The expression, 'the pressure is on' applies all too well in this situation.

While some would think that the pressure to succeed in school would be too much to handle, mothers like Behnaz not only have to for parental duties, too. Having a daughter she may face troubles and have to spend means trying to find a balance between the twice as much time doing her homework two; because both Behnaz and her husband than some other students, nothing seems are college students, along with her husband to phase or discourage her. Behnaz is is both convenient and beneficial for them and education just as much as she cares for their daughter.

Although it may be a struggle at times and things can get stressful, she stated, "I'm actually happy and comfortable with the way things are right now because it works for us."

Hard work is not foreign to Behnaz. In Iran, she obtained her Ph.D. in business administration and has her sights set on a master's degree in the future.

Behnaz says that the best way to learn a foreign language is to travel to the country of origin and live there. When asked what one piece of advice she would give to a fellow international student, she said, "I would tell them to try to learn the English language in their country first before coming to the U.S. because no matter how much the environment or an instructor helps you, it all depends on the work that you do yourself and how much time is spent in studying."

Inspiring, hard-working, and dedicated are all words that could be used to

think about studying, they have to find time describe this determined student. While working a full-time job, they set a routine that the kind of student to cares about her her family and friends.



Cambridge campus student, Behnaz Torabi, moved to the United States from Iran and started learning English just six years ago. PHOTO BY LYDIA OLUND

A Shaman's View on **Health and Healing**

BY CHRISTINA SCHLAUCH, CONTRIBUTING WRITER

COON RAPIDS - CAM Club of ARCC Coon



Shaman Hanakia Zedek

Rapids, which is focused on complementary and alternative enthusiastically welcomed Shaman Hanakia Zedek. This event was awe inspiring. As a busy fulltime student and a single parent, taking time to attend events is a rare occasion. Being very stressed to meet a few deadlines knowing full well there are kids to feed, I had a fleeting thought

guilt. But there it was, staring at me. I then acquiesced to my conscious and went to the event.

Burdens of the day melted away as entered VA 117, where the club event was being held. The contentment came upon me when I took my seat right beside Hanakia. I noticed he had dressed for this event in a gay and lively patterned Buba (shirt). His hair was most interesting style of dreadlocks. Both his clothing and hair are traditional styles in Africa, Caribbean, and even the United States. After taking this in, which is affirming to what I had expected of a Shaman, thoughts of these superficial items quickly evaporated as Hanakia began to share information about the journey that he would be taking us on. Not a journey in the physical, however.

His voice was soothing and deep, yet, even more mesmerizing was the two ended flute he began to play, interspersed with drumming. Quickly, we all relaxed and became "one with our chairs." For me, that meant that I trusted the chair would hold me

to skip the event. We all experience this, so there ought to be no and I went into a deep restful state in my mind and in my heart.

I could hear sighs as we each let go of whatever we were hanging on to. I could still hear that beautiful melody of the flute, but very soon that was gone too. I was free to journey where I willed, yet guided through vivid imagery. Just as suddenly as when we first began, we were being called back! I felt totally refreshed and renewed!

We each took a turn sharing our experience – each remarkable in its own way. We were glad that we took the time to come, let go our burdens, for a short while. I encourage everyone to venture forth in participation of a Shaman journey opportunity. It's an experience of an extraordinary kind – truly.

The purpose of CAM Club is to promote the positive development and image of the Integrative Health and Healing (IHH) program, provide networking opportunities and camaraderie, and provide a venue for growth, learning and expanding awareness of Complementary and Alternative Medicine.

CAMPUS SPORTS











Rams Women's Basketball Competed at National Tournament

BY RYAN SCHAAL, STAFF WRITER

CAMBRIDGE — This season the Golden Rams women's basketball team was successful. They earned a national tournament appearance in New Jersey with a 77-55 victory over Rochester Community and Technical College in the XIIIA Championship.

Rashonna Thomas, Daron Mainville and Za'Keea Sa'eed-El, who have combined to average 32.5 points a game, led the team, which played three games March 10-12. They have played up-tempo all year and carried their heavy pressure and quick type of play into the tournament, looking to press after most made shots and not let up. They ended up winning one of their games at the tournament with a score of 45-37 and only lost the other two games within nine points each game.

They had a successful 2016 campaign going 21-6 overall and 9-1 in conference play, often obliterating opponents, having big wins of 46, 52, 53, 32 and 35 points. Their biggest win was by 53 against Western Technical College; they really showed how dominant they can be, even pressing when they are up by 40 points.

Their coach, David DeWitt, is a tough coach who expects the highest from them and wasn't satisfied with just a national tournament appearance. They were the sixth seed going into the tournament and faced Mohawk Valley, who was the third seed. Their mentality going into the tournament was to be hard, tough-nosed, and to play fast-paced basketball.

A recent action shot from a Rams women's basketball home game.

PHOTO BY: RYAN SCHAAL

Rams Softball Makes the College Proud

● The Rams softball team took two games from the nationallyranked and conference foes, Ridgewater Warriors.

BY RYAN SCHAAL, STAFF WRITER

CAMBRIDGE — The first game on April 19 started off with a bang as the Rams roughed up the Warriors for three runs in the first and never looked back. They compiled 12 runs on 18 hits and wrapped up the first game of the double-header by winning 12-7. Kaylee Lofbloom got the win pitching a complete game, giving up eight hits and had five strikeouts. She is now 11-7 on the season.

During the next game, the Rams jumped on the Warriors in the first inning once again. They put up four runs before Ridgewater could have their turn at the plate.

The Rams had success early, stacking up nine runs in the first three innings and that

would be enough run support for winning pitcher, Alexis Martin-Warren. She pitched five innings and gave up seven hits and four runs, but struck out four as well. The Rams won the second game 10-5.

Before going to print, their season record was 16-17. They have won their big games lately and extended their conference record to 11-5. Upcoming home games include playing MCTC on May 3 and Ridgewater on May 5. Both games start at 3 p.m. on the Cambridge field.



Rams huddle up during a game with St. Cloud on April 12

ARCC Club Hockey Reach Championship

Team takes second place in metro league championship.

BY DOMINIC DANG, DESIGN STAFF

COON RAPIDS — ARCC's club hockey team took second place overall in the Golden Skate Championship against North Hennepin Community College on March 3. The game was located at North Hennepin Community College with the final game score of 10-5. The team did well over the course of the season with 7-3 overall record.

The 2016 metro league hockey season ran from January to March, with games on Tuesdays and Thursdays. The team competed against metro community colleges, such as North Hennepin, Century, Inver Hills, and Normandale Community Colleges.

Club hockey is co-ed and free for students. Transportation for players to games is provided. Sign-up for club sports can be done through Student Activities Coordinator Joyce Tracyzk. Students interested in joining club hockey can sign-up spring semester.





Back Row: Jordan Langness, Ben Boyd, Brennan Beese, Shawn Roo. Front Row: Darrin Maki, Joe Leazott, Jared Vance, Bobby Cienik, Spencer St. Dennis, Kyle Ramsey. Not Pictured: Seth Emter, Dominic Chromey, Zach Havelka, Dillon Ridge.

PHOTO SUPPLIED BY JOYCE TRACZYK



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